COVID-19 and Seasonal Influenza: Interim Guidance for Health Care and Public Health Providers

CONTROL STRATEGIES FOR CONTACTS TO CASES

FIGURE 13.1 RELEASE FROM QUARANTINE FOR COVID-19

Patient is placed in COVID-19 quarantine

Test at the beginning of quarantine (within 24 hours if no test within 7 days, or at 3 days post exposure)
Testing every 3 to 7 days could be considered until no new cases are identified for 14 days after the most recent positive results

Viral Test (+)
Immediately separate the patient and give them a surgical mask, then take the patient to an isolation-dedicated location for medical evaluation (see Isolation section). Test for COVID-19 (and influenza if clinically indicated).

Viral Test (-)

Yes
Symptoms* develop?

No

Symptoms* develop?

Yes

PCR Test (+)
Ok to release from quarantine
Patient should always wear a face covering following CDC global face covering policy
Follow general policy for social distancing

21 days from most recent exposure has lapsed and no fever or other symptoms* have emerged

No

PCR Test (-)

Patient Refuses Testing

Reoffer testing every 3-5 days

Remain in quarantine for 14 days from the most recent exposure
Symptom* and temperature surveillance BID, QD minimum

Immediately separate the patient and give them a surgical mask, then take the patient to an isolation-dedicated location for medical evaluation (see Isolation section). Test for COVID-19 (and influenza if clinically indicated).

Patient Refuses Testing

Reoffer testing every 3-5 days

Remain in quarantine for 14 days from the most recent exposure
Symptom* and temperature surveillance BID, QD minimum

Immediately separate the patient and give them a surgical mask, then take the patient to an isolation-dedicated location for medical evaluation (see Isolation section). Test for COVID-19 (and influenza if clinically indicated).

Excerpted from the Control Strategies for Contacts to Cases section of the CCHCS Interim Guidance for Health Care and Public Health Providers: https://cchcs.ca.gov/covid-19-interim-guidance/

Revised: September 7, 2020