



COVID-19 and Seasonal Influenza: Interim Guidance for Health Care and Public Health Providers

CONTROL STRATEGIES FOR SUSPECTED AND CONFIRMED CASES

Table 12.1: Isolation, Personal Protective Equipment (PPE), Monitoring, and Release for Symptomatic Patients and Patients Confirmed with Influenza and/or COVID-19
Adapted from the CDC COVID-19 Guidance for Correctional and Detention Facilities

	ILI or Mild COVID-19 Symptoms	Influenza	COVID-19
Patients in Isolation	Patients with symptoms of ILI or mild COVID-19 and test results pending (or refused)	Patients with symptoms of ILI and a positive influenza test	Patients with a positive COVID-19 test in at least one respiratory specimen
Surgical Mask for Patient	YES	YES	YES
Medical Hold	YES	YES	YES
Room	AIIR if available, or single-person room with a solid, closed door is an alternative	Single-person room with a solid, closed door	AIIR if available, or single-person room with a solid, closed door is an alternative
Cohort*	Not acceptable as diagnosis is unknown	Acceptable to cohort patients diagnosed with influenza only*	Acceptable to cohort patients diagnosed with PCR-confirmed COVID-19 only*
Type of Precautions[†]	<ul style="list-style-type: none"> • Airborne Precautions • Droplets Precautions • Contact Precautions 	<ul style="list-style-type: none"> • Droplet Precautions • Contact Precautions 	<ul style="list-style-type: none"> • Airborne Precautions • Droplet Precautions • Contact Precautions
PPE for HCW, Staff, or Inmate Workers	<ul style="list-style-type: none"> • N95 mask • Eye protection • Gowns • Gloves if contact 	<ul style="list-style-type: none"> • Surgical mask • Eye protection • Gowns • Gloves if contact 	<ul style="list-style-type: none"> • N95 mask • Eye protection • Gowns • Gloves if contact
Monitoring for Progression[‡]	<ul style="list-style-type: none"> • Vital signs twice daily • SpO₂ (Oxygen Sat) • Clinical signs of deterioration 	<ul style="list-style-type: none"> • Vital signs twice daily • SpO₂ (Oxygen Sat) • Clinical signs of deterioration 	<ul style="list-style-type: none"> • Vital signs twice daily • SpO₂ (Oxygen Sat) • Clinical signs of deterioration
Release	Depends on test result (see columns to the right). If testing refused, isolate a minimum of 14 days	24 hours after resolution of fever and respiratory symptoms OR 7 days from symptom onset	3 days after resolution of fever without antipyretics AND a minimum of 14 days from date of first positive test AND improvement in symptoms Refer to the Release from Isolation section for details

ILI = Influenza-like Illness

AIIR = Airborne Infection Isolation Room

HCW = Health Care Worker

* Patients diagnosed with more than one pathogen should be isolated alone. Influenza cohort should be limited to patients who tested negative for COVID-19. COVID-19 cohort limited to patients with PCR-confirmed COVID-19 who tested negative for influenza.

† Precautionary signs and personal protective equipment (PPE) appropriate to the level of precautions should be placed outside the door to the isolation room.

‡ Signs of progression include but are not limited to fever and chills, low body temperature, rapid pulse, rapid or labored breathing, low blood pressure, low oxygen saturation, persistent pain or pressure in the chest, bluish lips or face, altered mental status or confusion, lethargy or inability to arouse.

Excerpted from the Control Strategies for Suspected and Confirmed Cases section of the CCHCS Interim Guidance for Health Care and Public Health Providers: <https://cchcs.ca.gov/covid-19-interim-guidance/>

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