



COVID-19 and Seasonal Influenza: Interim Guidance for Health Care and Public Health Providers

CLINICAL MANIFESTATIONS

Table 5.1: Reported Symptoms of Influenza, COVID-19, and Respiratory Syncytial Virus (RSV)

Adapted from the CDC and CDPH COVID Science Branch Literature Review 9/9/20 and 12/23/20

Influenza Symptoms	COVID-19 Symptoms	RSV Symptoms
<ul style="list-style-type: none"> • Chills* without fever or subjective fever* • Cough • Sore throat • Nasal or sinus congestion • Rhinorrhea • Myalgia* • Headache* • Malaise • Severe/new/unexplained fatigue • Diarrhea • Loss of appetite, gastrointestinal cramping or diarrhea, nausea/vomiting • Shortness of breath • Chest pain • Dizziness • Altered mental status/confusion • New/unexplained muscle weakness 	<ul style="list-style-type: none"> • Fever* • Cough • Headache* • Shortness of breath • Fatigue* • Loss of taste/smell • Anorexia • Myalgia* • Diarrhea • Sore throat • Nausea/vomiting • Nasal congestion • Rhinorrhea • Chest pain • Dizziness • Chills* or rigors • Abdominal pain • Wheezing • Altered mental status/confusion • Rash • Conjunctivitis • Foot lesions • "COVID toes" 	<ul style="list-style-type: none"> • Rhinorrhea • Sore throat • Cough • Headache* • Fatigue* • Conjunctivitis • Sneezing • Fever* • Wheezing • Decrease in appetite • Sinus congestion • Otitis media • Shortness of breath

*These non-specific symptoms are common within 3 days after receiving a dose of the COVID-19 vaccine. If patients who recently received the vaccine experience these non-specific symptoms, they should not be treated as if they have an active infection. Development of other more specific symptoms should prompt immediate isolation and evaluation.

Excerpted from the Clinical Manifestations section of the CCHCS Interim Guidance for Health Care and Public Health Providers: <https://cchcs.ca.gov/covid-19-interim-guidance/>

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