



Over-the-Counter (OTC) Products List

The chart below details the specific OTC products approved for distribution:

OVER-THE-COUNTER PRODUCTS (MEDICATIONS)		
Indication	Category	Product Name
1. Pain/Fever	Analgesic	Acetaminophen 325 mg
2. Gastrointestinal Reflux/Heartburn	Antacid	Aluminum Hydroxide/Magnesium Hydroxide/Simethicone
3. Allergy-Seasonal	Antihistamine	Cetirizine 10 mg
4. Pain/Fever	NSAID	Naproxen 220 mg
5. Pain/Fever	NSAID	Ibuprofen 200 mg
6. Athletes Foot	Topical-Antifungal	Clotrimazole 1%
7. Skin Irritation	Topical-Steroid	Hydrocortisone 1%
8. Insomnia	Sleep Aid Supplement	Melatonin 3 mg
*OVER-THE-COUNTER PRODUCTS (NON-MEDICATED COMFORT)		
Indication	Category	Product Name
9. Nasal Congestion	Nasal Moisturizer	Saline Nasal Spray
10. Dry Eyes	Eye Lubricant	Artificial Tears
11. Dry Skin	Topical-Lotion	Moisturizing Lotion
12. Sun Exposure	Topical-Sunscreen	Sunscreen Lotion SPF 50
13. Loose Dentures	Dental	Denture Adhesive

*Due to Title 22 restrictions, patients admitted to the following inpatient health care facilities; CTC, SNF,PIP, and MHCB, shall have access to all non-medicated comfort products only.

Per [HCDOM 2.1.3, Over-the-Counter Products](#), “Patients shall be allowed to receive up to three OTC products (units) per canteen period but shall not be permitted to receive more than two units of a single OTC product per draw. For example, a patient may receive one unit each of three different products, or two units of the same product and one unit of another product, but not three units of the same product.”